Term 3

AECG Meeting
Wednesday 12th August
Cobar Public School
Staffroom
3:30pm

Mid Term Break
Friday 14th August
Monday 17th August

School Cross Country
Friday 21st August

State Athletics
Sydney
3rd—5th September

Immunisation
Year 7 and catch-up
Monday 7th September

SRC Fluoro Disco
Wednesday 9th September

NAIDOC Celebration and Activities
Friday 11th September

PBL Rainbow Reward
Thursday 17th September

Year 12 Awards
Friday 18th September
MPC
10am

Where There’s a Will There’s a Way

Hospitality Class
Year 11 and Year 12

Positive Behaviour for Learning
Respect
Excellence
Safety
My Skills Website
My Skills is the national directory of vocational education and training (VET) organisation and courses to help people make informed decisions about their education and training needs. New My Skills enhancements include:

- Link to courses related to skill in demand in each state and territory;
- Overall student satisfaction and employment outcomes of the 230 most popular courses;
- A VET FEE Help course calculator to help people understand their financial obligation and potential future debt;
- Identification of sanctioned training providers; and
- A modern, tablet-optimised homepage design.

My Skills website can be accessed at www.myskills.gov.au

2016 Year 11 Subject Selection
Subject selection began Wednesday night with a parent and student information evening. Students are encouraged to talk to staff to ensure they are making smart choices. Students must also meet advertised deadlines with their choices.

Western Athletics
Congratulations to all students who participated and in particular to those students who have made it to State Athletics. What a wonderful effort.

Executive Staff:
Co Principals: Sue Francisco / Shane Carter
Co Deputy Principals: Shane Carter / John Carswell
Head Teacher English: Carolyn McMurtrie
Head Teacher Maths: Mary Arnold
Head Teacher Science/TAS: Andrew Watts
Co Head Teachers HSIE: John Carswell / Cassandra Locke
Head Teacher Teaching & Learning/PDHPE: Amie Hill
School Admin Manager: Merryn McIntyre

Behaviour Code for Students
The Department of Education has released a new Behaviour Code for Students

Respect
- Treat one another with dignity
- Speak and behave courteously
- Cooperate with others
- Develop positive and respectful relationships and think about the effect on relationships before acting
- Value the interests, ability and culture of others
- Dress appropriately by complying with the school uniform or dress code
- Take care with property

Safety
- Model and follow departmental, school and/or class codes of behaviour and conduct
- Negotiate and resolve conflict with empathy
- Take personal responsibility for behaviour and actions
- Care for self and others
- Avoid dangerous behaviour and encourage others to avoid dangerous behaviour

Engagement
- Attend school every day (unless legally excused)
- Arrive at school and class on time
- Be prepared for every lesson
- Actively participate in learning
- Aspire and strive to achieve the highest standards of learning

Thank You
Thank you to Mr Carter and Mr Carswell who so capably filled in when I had to suddenly go on leave for family reasons. The dedication and capacity that the staff of Cobar High display on a consistent basis is fantastic.

Year Advisers 2015
Year 6: Matthew Klopper
Year 7: Lyndsay Klopper
Year 8: Doug Armstrong
Year 9: Andrew Coffey
Year 10: Cassandra Locke
Year 11: Daniel Inkley
Year 12: Amber Rook
SRC Co-Ordinator: Chris Marshall
Girls Adviser: Leanne Carswell
2016 YEAR 11 SUBJECT SELECTION EVENING

SRC FLUORO DISCO

WEDNESDAY
9TH SEPTEMBER

SCHOOL DWS
2015 Western Region Secondary Athletics Trials were held on Friday 24th July at Barden Park, Dubbo.

Cobar High School had a record 41 students who qualified for the carnival after exceptional results at the School Athletics Carnival held in Term2. A Team of 25 students, Mrs Hill and Mr Finn travelled to Dubbo with Mahons Bus for an overnight stay at Aussie Cabins.

A number of Cobar High School Students set Personal Best (PB) results at the carnival. All students tried hard and represented Cobar High School in a very positive way. Some good results include; Wilmien Kok finished 8th U/13 years Javelin, Lauren Urquhart finished 6th in 14 years Shot Put and Discus, 14 years girls finished 5th 4x 100m Relay, Laine Ellicott 4th 14years boys 800m and Josh Bain-Smith 5th 17+ Boys 800m.

Cobar also have a number of students who qualified to represent Western Region at the NSW State Carnival to be held in early September.

The 14 years boys 4x100m relay consisting of Locky Ford, Adam Buckman, Braith Good and Laine Ellicott qualified for the State Carnival.

Hannah Carroll set a PB in Girls 12 years Discus throwing a whopping 37.54m! This was 17m further than the next girl in her age group and strong enough for her to qualify for State. Hannah will also go to State for Shot Put with a distance of 9.45m. Hannah competed up an age group in Javelin and still finished 3rd with a distance of 22.41m.

Brennah Aumua had a busy day finishing 9th in 100m sprint, 11th 200m and qualified for State in High Jump, clearing 1.30m. Bella Coughlan qualified after finishing 2nd in Long Jump with a distance of 4.15m. Hannah Kriz finished 4th in 15 years Shot Put, 6th Javelin and qualified for State in Discus throwing 25.35m. Taylah Good had a very successful day finishing 3rd in 100m, 4th in 200m, 6th Long Jump and 5th in Discus. She has qualified for the State Carnival for 16 years Triple Jump 8.68m, Shot Put 8.96m and Javelin 19.55m.

Braith Good was one of our busiest boys; he finished 9th 14 years Boys 100m, 4th 200m, 10th Long Jump & Discus, 6th Triple Jump. He also qualified 2nd for State Carnival in the 800m, 2nd 400m and the 4x 100 relay.

Luke Grey finished 9th in Discus and qualified for the State Carnival after coming 1st in both the 15 years Boys High Jump (1.75m) and Long Jump (5.56m). Nicholas Buckman finished 11th in the 15 years boys Discus and qualified 2nd for State in the 400m and 1st in the 1500m with a speedy time 5:04.62. Andrew Rorke has also qualified after overcoming an injury to finish 2nd in the 16 years boys Shot Put (11.85m).

We wish all of the students who have qualified for State the very best of luck!
Commonwealth Bank Trainee

Kahlie Obray is nearing the completion of her Financial Services Traineeship at the Commonwealth Bank.

PBL Green SAFETY DAY
Thursday 13th August

Students are encouraged to wear something green to school. Please note students are still required to wear their leather shoes and clothing MUST be suitable for school eg no singlets. This is an SRC Fundraiser and a gold coin donation will be collected at Muster. BBQ and snow cones for sale at lunch time in the Middle Quad.

Risk Taking Behaviour Speaker Jonathan Beninca returned to Cobar High School to speak to students in Years 7 and 8

Ex Cobar High Students Josephine Anderson and Cori-Laine Clark were invited by Cobar High Schools Career Adviser Megan Nicholson to speak to students in Years 10, 11 and 12 about their first year in the workforce and University.
PBL  
(Positive Behaviour for Learning)  
Lesson, Classroom Rules.

Cobar Swimming Club

Are holding their AGM  
Thursday 13th August, 2015  
at Cobar Bowling & Golf Club - 6pm  
All positions vacant  
If you are interested in joining the  
committee and you are unable to  
make the meeting please contact  
Leanne Carswell 0417 401 122  
Jo Carter 0428 362 588  
All members and prospective  
members are welcome and  
encouraged to attend  
NO COMMITTEE,  
NO SWIMMING CLUB

The AVCAT COMMEMORATIVE BURSARY

Commemorating 30 years of service to the veteran community.  
Valued at $15,000, this special bursary aims to financially assist  
an Australian veteran’s child as they pursue their university studies.

Bursary Criteria and Conditions

The successful applicant will:
* be a child of an Australian veteran with operational service outside of Australia;  
* be commencing their tertiary studies in 2016;  
* be studying an undergraduate degree of at least three years’ duration, full-time and  
in face-to-face mode;  
* be aged between 17 and 25 years at the time of application;  
* eligible on assets and income grounds for continuous, means-tested Commonwealth  
benefits for tertiary education and  
* be the most deserving candidate of merit.

The successful applicant will be able to demonstrate a high level of leadership ability,  
community service and willingness to be an ambassador for the Trust.

Short listed applicants will be interviewed.

The Bursary will be valued at $15,000 ($5,000 per year for three years).  

Known as the AVCAT Commemorative Bursary, the name of the bursary reflects its  
purpose, namely to commemorate the organisation’s 30-year history. The recipient  
will be presented at an appropriate Awards Presentation ceremony in 2016.

APPLICATIONS OPEN 18TH AUGUST 2015  
Application form can be downloaded from our website.

For more information please contact AVCAT:  
P: 02 5213 7999  E: avcat@dva.gov.au  W: www.avcat.org.au
Each year our students are offered the opportunity to participate in external competitions run by the University of NSW, The Australian Geographical Society and the History Teachers Association of Australia. These competitions provide our students with valuable experience of testing procedures outside our school environment. Dates for 2015 entry fees and competition dates are:

<table>
<thead>
<tr>
<th>Subject</th>
<th>Entries and Payment to CHS close</th>
<th>Test Date</th>
<th>Entry Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>ICAS Mathematics</td>
<td>Closed</td>
<td>11 August 2015</td>
<td>$8.80</td>
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We wish your student well in the competitions and thank you for supporting your child’s learning.
Cobar High School supports the National Self-Detection Program for Scoliosis [NSDP]

**How do you detect Scoliosis?** Simply look for it! It only takes 30 seconds! Just read the brochure that Year 7 & 9 girls have recently received ‘Adolescent Scoliosis Spinal Curvature- the National Self-Detection Program.’

Angus Gray from the Spine Society of Australia states,

‘Scoliosis [spine curvature] is an important health problem for adolescent girls and 25 per thousand are at risk of developing a significant curve. Three girls per thousand require active treatment [spine brace or surgery]. Because in the early stages the condition is most often asymptomatic, screening in the age range 11-13 years is a sound preventative health measure.’

The brochure given out to Years 7 & 9 girls, is also available for everyone on the website mentioned below, together with more information and forums regarding advice on Scoliosis.

[www.scoliosis-australia.org](http://www.scoliosis-australia.org)

Thanks,
Leanne Carswell
Girls Adviser
What's On - Weeks 5 & 6  Term 3

Tuesday 11th August:  Professional Learning; Mudgee:  B Ford
Wednesday 12th August:  Professional Learning; Mudgee:  B Ford
President 13th August:  Professional Learning; Parkes:  S Dixon,  K Behan
Thursday 13th August:  Professional Learning; Parkes:  S Dixon,  K Behan
PBL Green Day
Friday 14th August:  Mid Term Break

Monday 17th August:  Mid Term Break
Tuesday 18th August:  Professional Learning:  A Motton
Wednesday 19th August:  Professional Learning:  A Motton
Thursday 20th August:  SPC State Assembly; Sydney:  S Francisco
Friday 21st April:  SPC State Assembly; Sydney:  S Francisco
School Cross Country

Period Times -Term 3 2015
Muster 8:55 - 9:00
Period 1 9:00 - 9:55
Period 2 9:55 - 10:50
Recess 10:50 - 11:20
Period 3 11:20 - 12:15
Period 4 12:15 - 1:10
Lunch 1:10 - 1:40
Period 5 1:40 - 2:35
Period 6 2:35 - 3:30
Tuesday ends at the end of Period 5

Assessments due Term 3, Week 5
Year 8:  HSIE-Traditional Culture
Year 9:  Mathematics
Year 10:  Mathematics
Year 11:  Business Studies
         English Advanced
         English Standard
         English Studies
Year 12:  Visual Arts / PVDI

Assessments due Term 3, Week 6
Year 11:  Community & Family Studies
         Visual Arts / PVDI

PBL Vision Statement
“Cobar High School strives
for excellence in a
safe and respectful
environment”.

Cobar High School
PO Box 454      Wetherell Crescent,   COBAR NSW 2835

P & C Meeting
Tuesday
1st September,
7pm
School Library